|  |  |
| --- | --- |
| **Salt consumption** | Description: Percentage of all respondents who think they consume far too much or too much salt |
| Instrument question: D8: How much salt or salty sauce do you think you consume? |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Think they consume far too much or too much salt** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % | 95% CI | n | % | 95% CI | n | % | 95% CI |
| 18-29 | 586 | 12.4 | 9.7 - 15.6 | 834 | 18.2 | 14.9 - 22.0 | 1420 | 15.2 | 13.0 - 17.8 |
| 30-44 | 646 | 13.0 | 9.7 - 17.2 | 1041 | 16.0 | 13.0 - 19.5 | 1687 | 14.5 | 12.2 - 17.2 |
| 45-59 | 399 | 13.9 | 10.3 - 18.5 | 599 | 8.9 | 6.5 - 12.2 | 998 | 11.2 | 9.1 - 13.9 |
| 60-69 | 181 | 8.5 | 4.4 - 15.9 | 331 | 7.0 | 4.3 - 11.1 | 512 | 7.6 | 5.0 - 11.4 |
| **Total** | **1812** | **12.6** | **10.7 - 14.8** | **2805** | **15.1** | **13.2 - 17.3** | **4617** | **13.9** | **12.5 - 15.5** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 1450 | 12.3 | 10.3 - 14.6 | 2355 | 14.9 | 12.7 - 17.4 | 3805 | 13.7 | 12.1 - 15.4 |
| Urban | 362 | 13.8 | 9.4 - 19.8 | 450 | 16.3 | 12.2 - 21.3 | 812 | 14.9 | 11.6 - 18.9 |